



COVID-19 Rules & Procedures Rowrah 2020

Participants

Super One BKC at Rowrah Saturday 19th – Sunday 20th September is a closed event to competitors. Spectators and the general public will not be permitted.

Numbers will be limited to Driver, Mechanic, Parent or Guardian and Direct immediate family member.

If you or anyone in your party has any of the symptoms of Coronavirus i.e. a new and continuous cough, a sore throat or a temperature above 37.5C then please stay at home and follow the latest Government guidelines.

If you or anyone in your party has been in contact with anyone who has the symptoms of Coronavirus, has tested positive or is currently awaiting the results of a Coronavirus test then please stay at home and follow the latest Government guidelines.

If you or any of your party develop any symptoms of Coronavirus while at the venue, then please let John Hoyle know via phone call (07774 646784) and return home at once and follow the latest government guidelines on what to do next. Please do not go to the venue Medical Centre or Ambulances.

Social Distancing & PPE

Health and safety and social distancing of 2m must be respected at the event at all times, including in the Toilets. Facemasks must be worn at ALL times in the Scrutineering area, parc ferme and walking from one location to another in the pits, this is your own responsibility. No groups of more than 6 at ANY time. Please bring your own face mask, additional spare face masks can be purchased from the race centre from £1.

Drivers must be responsible for their own competition PPE. Drivers must wear their helmets at all times, from entry to any arrival/collecting areas through to returning to the paddock. Own clothing must be worn at all times and drivers must not share clothing such as suits, helmets, gloves etc. Mechanics must wear facemasks and PPE at all times.

For bambino/Cadet classes where a mechanic is required at the start, each mechanic must wear their own hi-vis jacket and must not share hi-vis jackets.

Soap and water are the most effective method for hand washing which should be done frequently and for 20 seconds. In the absence of soap and water use of a hand sanitiser with a minimum content of 60% alcohol is advised. We suggest you bring your own hand sanitiser, there will be some available in the Tyre Bay, Scrutineering and the Race Centre.

Physical social contact should be avoided. Do not shake hands. No offence is taken should the community elect not to physically greet one another. 2m social distance must be adhered to at all times.

Do not share drinks or water bottles.

Café

There will be food onsite.

Overnight camping & Showers

Staying overnight at the Circuit is available from Friday 18th September 2020.

Only 1 person allowed to shower at one time (no adjacent showers to be used). Users of the showers are requested to disinfect the shower before and after use with the bottles of antibacterial spray provided. Showers will only be open from 6am - 9am & 5pm-10pm.

Arriving at the circuit

All vehicles in the car park/paddock to be parked an appropriate distance apart to ensure social distancing.

Everyone will be issued with a registration form on entrance to the circuit which will require names of all people in attendance. You will not be allowed into the circuit before 10am on Friday morning. The cliff faces, the motorcycle offroad area and the pond at the bottom of the circuit are strictly out of bounds.

Dogs are welcome but they must stay within their pit area and not be exercised on the track or in the pits – they should be taken out of the circuit.

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Awnings

Awnings with more than 1 competitor can have side screens on their awning but no front awning sheets, the area must be well ventilated and PPE must be used. Social distancing in the awning must be respected. Spacing of karts must respect social distancing requirements. There must be space between each awning when parking in the paddock.

Signing on

Signing on and scrutineering must be completed online, this will be open from Wednesday evening – once available we will send a link and instructions.

Collection of equipment

Please form an orderly queue at all times keeping a minimum of 2 meters away from each other. Equipment, e.g. tyres, will be required to be signed for as proof of collection. Please bring your own pen.

When collecting/returning your tyres on their tyre holders, please wipe the handles with antibacterial spray and tissue/wipes that will be provided at the tyre bay. Hand sanitiser will also be available.

Scrutineering

- Sharing of tools and equipment to be avoided where possible or disinfected
- Social distancing must be respected in the weighbridge area
- External checks with driver in kart. Internal checks with driver out, and sufficiently clear, of kart.
- Contact with kart internals avoided and PPE as required to comply with Government advice
- Hand sanitiser will also be available.

Medical Centres

- To reduce the potential for contamination of essential medical facilities, visits to Medical Centres should be avoided other than for serious injury/illness
- Competitors/Teams are encouraged to bring and use their own first aid kits etc, in the first instance, in the event of minor injury/illness
- Triage will be necessary before individuals are permitted access
- Medical facilities to be restricted to medical personnel and patients only.

Incidents

Any driver involved in an incident must indicate that they are OK by signalling with a “thumbs up” at the earliest opportunity and to the approaching marshal. Failure to do so will result in mobilisation of medical personnel

Timing/results/queries

PPE in line with Government advice

Access to timing room restricted to allow for social distancing at all times

Paddock

- Bikes and Scooters etc. are prohibited from the paddock

Team Personnel – this is the responsibility of teams but we advise:

- Social distancing shall respect the government requirements including PPE and sanitisation. Each individual must be responsible for discarding their PPE once worn
- Mechanics must wear a face mask in any controlled area
- Team Personnel must not attend the event if they have COVID-19 symptoms or been in contact with anyone with COVID-19 symptoms and if any member should become unwell with COVID-19 symptoms during the Event they will be required to leave the venue
- Contact areas to be regularly sanitised
- Sharing of tools and equipment to be avoided where possible.
- Data may be transmitted to the Team Laptop by wifi only. Individual driver analysis briefing only
- Team vehicle access prohibited to no more than one person at any one time and contact areas must be sanitised on change of personnel
- Team Managers to retain a record of personnel attending the Event

It is the responsibility of ALL attendants (driver, parents/guardians, mechanics, team members) to adhere to Government legislation in connection to COVID19 and abide by all travel restrictions.

Please see the next page for Government guidance.

Anyone not following these rules will be removed from the site until further review, these rules are for your own safety.

Super One BKC urges everyone to take appropriate hygiene precautions that can help reduce the spread of infection. The most recent NHS guidance can be found here: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please remember these rules are for the safety of yourself and others and we ask you adhere to them in full.

Please have fun and stay safe.

The advice for everyone is to follow this Government guidance.

1. The most common symptoms of coronavirus (COVID-19) are recent onset of a new continuous cough or a high temperature or a loss of, or change in, normal sense of taste or smell (anosmia).
2. If you develop these symptoms, however mild, or you have received a positive coronavirus (COVID-19) test result, then you should immediately self-isolate stay at home for at least 7 days from when your symptoms started. If you live with others, all other household members who remain well must stay at home and not leave the house for 14 days. See the [stay at home guidance](#) and this [explanatory diagram](#) for further information.
3. You do not need to call NHS 111 to go into self-isolation. If you feel you cannot cope with your symptoms at home, or your condition gets worse, or your symptoms do not get better after 7 days, then use the [NHS 111](#) online service. If you do not have internet access, you should call NHS 111. For a medical emergency dial 999
4. If you have any symptoms of coronavirus (COVID-19), you should arrange a test by visiting [NHS.UK](#), or contact 119 via telephone if you do not have internet access.
5. Wash your hands more often than usual, for 20 seconds using soap and water or hand sanitiser, particularly after coughing, sneezing and blowing your nose, before you eat or handle food, or when you get to work or arrive home
6. Cover your mouth and nose with disposable tissues when you cough or sneeze. If you do not have a tissue, sneeze into the crook of your elbow, not into your hand. Dispose of tissues into a disposable rubbish bag and immediately wash your hands with soap and water for 20 seconds or use hand sanitiser.
7. If you can, wear a face covering in enclosed public spaces where social distancing isn't possible and where you will come into contact with people you do not normally meet. Social distancing, hand washing and covering coughs and sneezes, remain the most important measures to prevent the spread of coronavirus (COVID-19). Face coverings do not replace these. See the [staying safe outside your home guidance](#), and you can find guidance on [how to wear and make a cloth face covering](#).
8. Clean and disinfect regularly touched objects and surfaces using your regular cleaning products to reduce the risk of passing the infection on to other people.